



ACK SPORTS INJURY SPINE AND TRAUMA CENTRE

**YOUR
HEALTH
IS OUR
PRIORITY**



Dr. Manoj Kumar

**MBBS, DNB ORTHOPAEDIC SURGERY,
ARTHROSCOPIC, SPINE AND JOINT
REPLACEMENT SPECIALIST**

Dr. Gita Kumari

**MBBS, MD (SPMC)
EMERGENCY MEDICINE
AND CRITICAL CARE**



**Excellence in Orthopaedics
Spine Surgery, Sports Medicine
& Joints Replacement**

**Contact No:
70-27-27-70-88**



**जटवाड़ा मोहल्ला, रेवाड़ी रोड़,
नजदीक रेवाड़ी मोड़, बावल**



From the Chairman's Desk

ACK Sports Injury Spine & Trauma Center has today blossomed into a multi specialty Hospital in Bawal having modern treatment facilities with 20 beds which include air conditioned / deluxe rooms and suits. Hospital is a recognized name in patient care. We are one of the well-known Private Hospitals in Bawal. Backed with a vision to offer the best in patient care and equipped with technologically advanced healthcare facilities, they are one of the upcoming names in the healthcare industry. Located in heart of city, this hospital is easily accessible by various means of transport. A team of well-trained medical staff, non-medical staff and experienced clinical technicians work round-the-clock to offer various services

MISSION & VISION

To provide maximum health care along with personalized medical attention & state of art facilities in a honest and friendly environment at a price affordable to all.

INDOOR ADMISSION

GENERAL WARD, SINGLE ROOM WITH A/C
DELUXE AC ROOM
TWIN SHARING ROOM
& ICU



ICU & OPERATION THEATER

POST-OP SURGICAL ICU



OPERATION THEATER



ICU WITH CENTRAL OXYGEN SUPPLY



OTHER HOSPITAL FACILITIES

O.T. Corridor



Arthoscopy & Laproscopy Machine



Anesthesia Machine



C-Arm Machine



IN-HOUSE PHARMACY SERVICE



IN-HOUSE X-RAY FACILITY



Excellence in Orthopaedics & Joint Replacement

The Orthopaedics and Joint Replacement Centre is managed by experienced and highly skilled orthopaedic doctors, who offer best-in-class solutions for total knee replacement, hip resurfacing, hip replacement, unicondylar

(partial) knee replacement surgery as well as replacement of shoulder and elbow joints and post-operative physical rehabilitation by physiotherapists.

Services

- Joint Replacement
- Arthroscopy and Sports Injury Treatment
- Limb Reconstruction and Limb Lengthening
- Paediatric Orthopaedics
- Spine Injury Management
- Management of all Kinds of Trauma
- Crush Injury

Out-patient Procedures

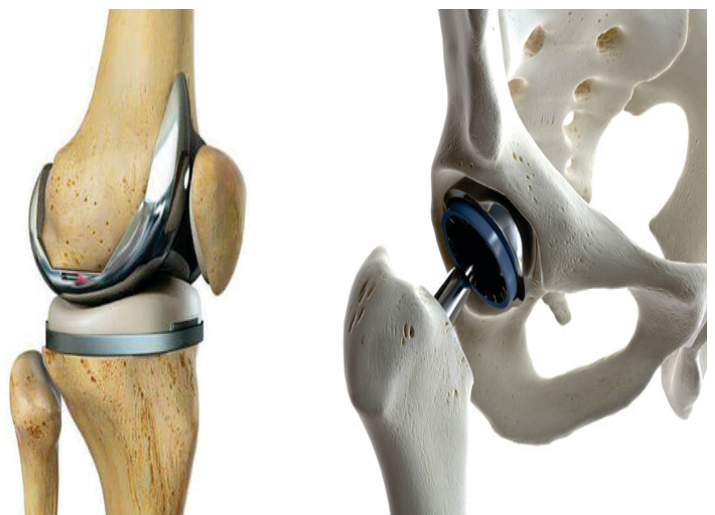
- Intramuscular Injection for Pain Relief
- Intra Articular (Joint) Injections for Pain
- Soft Tissue Injections including Frozen Shoulder, Bursitis, Tendinitis
- Joint Aspiration for Fluid Examination for Swollen Joints (Diagnostic & } Therapeutic)

Day Care and In-patient Facilities

- Zoledronate Infusion for Osteoporosis (Weak Bones)
- Cyclophosphamide Infusion for Specific Indications (Lupus Nephritis, Vasculitis, Connective Tissue-related Interstitial Lung Disease)
- Biologics: TNF Inhibitors, Rituximab for Specified Diseases

Excellence in Emergency Medicine

The Emergency Medicine Department at **ACK Hospital** is highly advanced and equipped to manage all types of trauma, medical, surgical, gynaecological emergencies. Our centre of excellence is operational 24x7x365 days and managed by a team of highly skilled and trained doctors, staff and EMTs. Our facilities include ambulances, pre hospital care, triaging assessment and resuscitation, inter and intra hospital transfer, protocol-based emergency care, imaging services like X-ray, ECG, RBS, Point-of-Care (POC) and appropriate lab investigations, etc. that are managed by ACLS trained doctors and nurses.





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From the Chairman's Desk

TRAUMA

Minimally Invasive Fracture Fixation
All Sports Injury Surgeries And Rehabilitation Facilities Available
All Types Of Trauma Managed With Latest Advanced Technique

OSTEOMYELITIS

RHEUMATOID DISEASE

ALL ORTHOPAEDIC TUMOURS SURGERIES

PAEDIATRIC ORTHOPAEDIC

ARTHROSCOPY

Knee-Acl, Pcl Reconstruction, Meniscectomy And Meniscus Repair
Shoulder- Benkart Lesion, Slap Lesion, Rotator Cuff Repair,

ENDOSCOPIC SPINE SURGERY

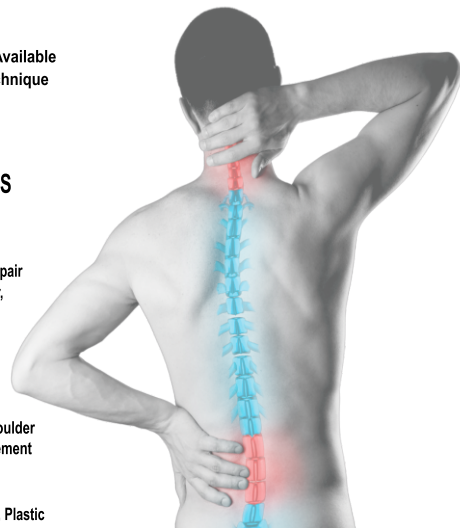
Endoscopic Discectomy, Spine Fusion

JOINTS REPLACEMENT

Knee Replacement, Hip Replacement, Ankle Replacement, Shoulder
Replacement, Reverse Shoulder Replacement, Elbow Replacement

OTHER MINIMAL INVASIVE SURGERIES

Vertebroplasty, Kyphoplasty
Minimal Invasive Hip, Knee, Ankle, Shoulder And Spine Surgeries, Plastic
Reconstruction Of Hand And Foot For Deformities And Trauma,



Dr. Manoj Kumar

From the Chairman's Advisory Council Desk

➡ Respiratory Diseases-

COPD, Asthma, Bronchitis, Pneumonia

➡ Gastrointestinal Diseases-

Gastritis, GERD, Acid Reflux, Diarrhea

➡ Anemia

➡ Urinary Tract Diseases-

UTI, Renal Stone, Benign Prostate Hypertrophy

➡ Infections-

Dengue, Malaria, Typhoid, Tonsillitis, Sinusitis

➡ Chronic Diseases

Diabetes, Hypertension, Hypothyroidism, Hyperthyroidism

➡ Autoimmune Diseases

Rheumatoid Arthritis (RA)

➡ Skin Diseases

➡ Mental Disorders



Dr. Gita Kumari

Best-in-class Technologies

From Diagnosis to Cure



Anesthesia Work Station



Arthroscope/Laproscope



5 Para Monitors



C-Arm Machine (HD+)



X-Ray Machine With Fuji CR System

Department of Anaesthesia

The Department of Anaesthesia has a team of dedicated, focused and highly experienced healthcare professionals, providing comprehensive care in the areas of pre-operative anaesthesia evaluation, Pre-Operative Patient Management, Intensive Care Emergency and Trauma Services.

Ours is a premier tertiary care institute with a state-of-the-art infrastructure comprising modular operating rooms, Anaesthesia workstation and advanced Monitoring Gadgets

Our department provides round-the-clock Anaesthesia services for Emergency and Elective Surgical procedures, across all specialties like Oncology Surgery, Neurosurgery, Joint Replacement, Obstetrics and Gynaecology, Urology and Kidney Transplant, Minimal Access surgery and Day Care Procedures etc. We have a Pain Care Unit, providing services for Acute and Chronic Pain Management.

We have a highly specialised and dedicated Critical Care team providing care to seriously, ill patients with state-of-the-art ventilators, monitors.

Team

- Anaesthesiologists
- Critical Care Specialists
- Pain Physicians
- Emergency Care Specialists

Areas of Interest

- Tier Triage
- Emergency Medicine
- Trauma Care
- Pre-operative Medicine
- Pain Clinic
- Intensive Care Unit

Department of Pain Management

There are many safe, proven effective treatments available that can help you manage your chronic pain. Pain management encompasses pharmacological (treatment with medicine), nonpharmacological, and other approaches to prevent, reduce or stop the pain sensations. Pain is generally divided into two categories: Acute/ Nociceptive Pain- the pain that is transmitted by nociceptors, is typically called acute pain. This kind of pain is associated with injury, headaches, disease and many other conditions. It usually resolves, once the condition that caused it is resolved, e.g., Pain after surgery, an accident, fall or any other trauma.

Many a time pain does not resolve even after healing or a cure has been achieved for the procedure that was the main reason for the pain to start with. In this situation, the brain continues to perceive pain and the pain may be considered chronic. From three to six months or the pain that endures beyond a normal healing time, e.g., cancer pain, persistent & degenerative conditions, neuropathy, lower back pain or nerve damage. Pain can have a negative impact on a person's quality of life and impede recovery from illness or injury. Unrelieved pain can become a syndrome in its own right and cause a downward spiral in a person's health and outlook. Uncontrolled and poorly managed pain leads to various problems like anxiety neurosis, hypertension and depression with or without suicidal tendencies. Chronic untreated pain also leads to decrease in work output and loss of a healthy social life.

Managing pain properly facilitates recovery and prevents additional health complications. It improves an individual's quality of life.

Department of General & Laparoscopic Surgery

The General and Laparoscopic Surgery Department is manned 24x7 by an experienced and dedicated team of consultants. The department is committed to the principles and practices of the WHO Global Initiative of 'Safe Surgery Save Lives', to provide ethical and evidence-based surgical options to patients.

Services Offered for

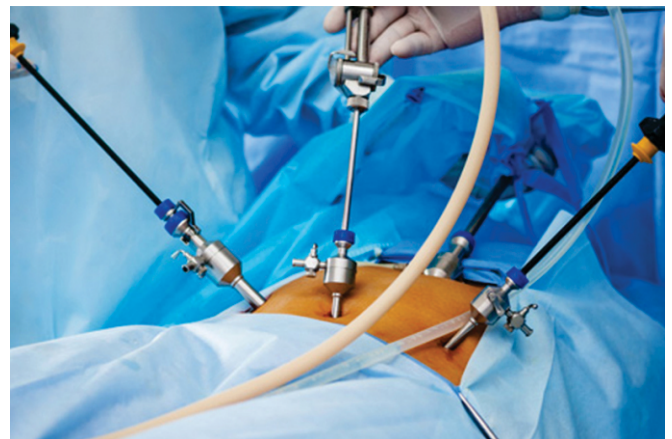
- Abdominal Surgeries Such as Gallbladder, Advanced Laparoscopy, Appendix, Intestines (Open/Laparoscopic Surgery), Obstruction & Perforation
- All Kinds of Hernias – Treated by Both Open and Laparoscopic Surgery, Depending on the Patient's Condition.
- Anorectal Diseases – Such as Abscesses, Fistula, Fissure and Piles, Prolapse, Hydrocele
- Trauma – Surgery and Care
- Stapled Haemorrhoidectomy for Piles & Prolapse with Many Benefits to the Patient Such as Minimal Blood Loss, Less Pain and an Early Recovery
- Tumours – Diagnostics and Treatment of Soft Tissues, Treatment for Cysts and Tumours of the Salivary Glands, Thyroid, Parathyroid, Adrenal, Breast, Lipoma and Tumours of the Abdomen
- Infective Conditions – We Take Care of Abscesses and Diabetic Foot, and Emphasize an Early Rehabilitation for the Patient
- Diseases of the Veins Such as Varicose Veins

**Department of Plastic,
Reconstructive & Cosmetic Surgery**

**Comprehensive
Preventive Health Checks**

**Department of
Internal Medicine**

Department of Urology



Department of Physiotherapy

The mission of this department is alleviation of pain, impairment and disability through therapy. It is our endeavour to achieve success in our mission through professional care based on the principles of research and evidence-based practice.

The clinic specialises in patients with a wide variety of sports, orthopaedic, paediatric, geriatric, women's health, medical, surgical and neurological disorders.



Common conditions treated

- Neck Pain
- Lower Back Pain
- Shoulder Tendonitis
- Frozen Shoulder
- Stroke
- Shin splints
- Golfer's Elbow
- Tennis Elbow
- Carpal Tunnel Syndrome
- Strains
- Post Fractures
- Repetitive Strain Injury (RSI)
- Sprains
- Osteoarthritis
- Fibromyalgia
- Incontinence
- Rheumatoid Arthritis
- Neurological Disorders (Stroke, Cerebral Palsy, Multiple Sclerosis, etc.)
- Post-Operative Rehabilitation – Cardiac, Orthopedic, Neurological, Surgical Oncology, Gynaecology

Equipments

- Computerised Electrotherapy Systems
- Interferential Current Therapy (IFT)
- Trans-Cutaneous Electrical Stimulation (TENS)
- Neuromuscular Electrical Strengthening (NEMS)
- Functional Electrical Stimulation (FES)
- Balance Training
- Deep Heat – using Ultrasound – 1 MHz, 3 Mhz
- Deep Electromagnetic Long-wave Diathermy
- Hand Therapy System

Doctors Names

Doctor's Name	Degree	Department
Dr. Manoj Kumar	DNB	Orthopaedics
Dr. Gita Kumari	M.D.	Anesthesiologist
Dr. Vijay Yadav	M.S., Mch.	Urology
Dr. Kuldeep	M.S.	General Surgery
Dr. Dharmender	DNB	General Medicine
Dr. Deepak	M.B.B.S	RMO

O.P.D Timings

Our support available to help you 24x7 hours a day, Seven days a week.

Morning: 9:00 am to 1:30 pm

Evening: 2:30 pm to 7:00 pm

QUALITY INITIATIVES

- ✓ We are committed to render advanced quality health care to all our Patients at an affordable cost and to develop a system where by we update and constantly improve our techniques, infrastructure and human resources and perpetually comply with relevant regulatory requirements.
- ✓ We are committed to provide the highest-quality and safest possible patient care. The quality process is crucial for health care leaders to improve outcome and adapt to change as well as to deliver-effective and high-quality patient care.
- ✓ We continually strive to improve the quality of our services to fulfill our objectives and meet national & international standards through regular training to our staff and upgradation of technology.

LAB SAMPLE COLLECTION FACILITIES



Collection of sample for lab test round the clock.

HOSPITAL TPA & INSURANCE GUIDLINE

1. In case of emergency / planned admission (for patients covered under any mediclaim / health insurance) patient / patient relatives are supposed to produce a valid TPA ID card and insurance policy copy and a valid Photo ID Proof of the Patient..
2. The photocopy of the TPA card, Photo ID card or insurance policy is retained by the admission desk while the patient starts receiving necessary medical treatment.
3. During admission the patient relative fulfils the required formalities like filling up the necessary consent forms.
4. The coordinator/Doctor who is at the hospital TPA desk fills up the pre authorization form (duly signed by the patient / patient relatives) and forwards it to the concerned TPA by fax/mail within 24 to 48 hours of hospitalization of the patient.
5. The coordinator at the TPA desk does regular follow-up with the concerned TPA and waits for the initial approval letter of the patient.
6. The coordinator at the TPA desk answers to any query/additional information asked by the concerned TPA regarding the treatment of the patient.
7. After receiving the authorization/denial letter or any information from the concerned TPA, coordinators at the TPA desk informs the patient relatives.
8. If the concerned TPA sends a denial letter before the discharge of the patient, the patient/patient relatives will have to settle the entire bill amount by cash payment.
9. If the authorization letter is sent by the concerned TPA, the patient/patient relatives have to pay the charges of only the unapproved part.
10. At the time of discharge patient relatives will get the photocopy of all the reports. Original reports and bill are sent to the concerned TPA.
11. In case of any query the patient relatives may contact the PRO at the Front Office or Deputy Manager (Front Office) at 7027277089 during the regular office hours.



ACK SPORTS INJURY SPINE AND TRAUMA CENTRE

Plot No. 457, Jatwara Mohalla, Rewari Road,
Near Rewari Mode, Bawal, Distt. Rewari, Haryana - 123501

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Appointment



70-27-27-70-88

Emergency



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